

# **Pathways of Healing**

## **Mind Body Spirit**

**2010 MGH Nurses Alumnae Fall Reunion Educational Program**  
**Co-Sponsored by the MGH Institute of Health Professions School of Nursing**

**Friday, September 24, 2010 - O'Keefe Auditorium**  
**6.0 Nursing Education Contact Hours**

8:00-8:30	<b>Registration &amp; Coffee</b>
8:30-9:00	<b>Welcome &amp; Greetings</b> <ul style="list-style-type: none"><li>○ Janis Bellack, PhD, RN, FAAN</li><li>○ Jeanette Ives Erickson, RN, MS, FAAN</li></ul>
9:00-10:00	<b>Margaret Baim, NP</b>  Creating a Healing State of Mind
10:00-11:00	<b>Herbert Benson, MD</b>  The Relaxation Revolution
11:00-11:15	<b>Break</b>
11:15-12:15	<b>Amanda Bulette Coakley, RN, PhD</b> <b>Anne-Marie Barron, PhD, RN, CS</b>  Therapeutic Touch
12:15-1:15	<b>Amanda Bulette Coakley, RN, PhD</b> <b>Paul Bartush</b>  Pet Therapy
1:15-2:30	<b>Lunch on your Own</b>
2:30-3:30	<b>Suzanne Hanser, Ed.D., MT-BC</b>  Harmonic Stress Reduction--Music Therapy in Action
3:30-4:30	<b>Laura Malloy, LICSW</b>  Yoga for Health and Well-Being

*Please remember to complete your evaluation program at the end of the day. 6.0 Contact Hours will be awarded for attendance of the full day program; partial credit will not be awarded. Note: All program planners and presenters have disclosed that they do not have any vested interests and or commercial/conflicts of interest related to the content of today's program.*

*The MGH Institute of Health Professions School of Nursing is approved as a provider of continuing nursing education by the Massachusetts Association of Registered Nurses, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*